

Would you like to be famous? In what way?

If you could wave a magic wand and change one thing about your life right now, what would it be?

Before making a telephone call, do you ever rehearse what you're doing to say? Why or why not?

In four minutes, tell me your life story in as much detail as possible.

When did you last sing to yourself? To someone else?

If you could wake up tomorrow having gained any ability, what would it be?

Do you have a secret hunch about how you will die?

If a crystal ball could tell you the truth about yourself, your future, or anything else, what would you want to know?

What are three things you and I have in common?

Is there something that you've dreamed of doing for a long time? Why haven't you done it?

For what in your life do you feel most grateful?

If you could change anything about the way you were raised, what would it be?

What is the greatest accomplishment of your life?

What is your most treasured memory?

What is your most terrible memory?

If you knew that in one year you would die suddenly, would you change anything about the way you are now living? Why?

What makes you feel most loved?

Tell your partner five things you love about them.

How close is your family? Do you feel your childhood was happier than most people's?

How do you feel about your relationship with your mother?

If we were going to become close friends, what would be important for me to know about you? (Alternative: What's something you've always wanted me to know about you?)

What was an embarrassing moment in your life?

When did you last cry in front of another person? What about by yourself?

If you were to die tonight with no opportunity to communicate with anyone, what would you most regret not having told someone? Why haven't you told them yet?

If your house caught fire and you could save one item (assuming all people and pets are already safe), what would it be?

Of all the people in your family, whose death would you find most disturbing? Why?

If you died today, how would you want to be remembered? Is there anything in your life that is not in alignment with that vision?

What is a problem you are facing right now? Would you like some advice about how to handle it? Why do you think this problem is bothering you so much?

How would you like to die?  
Comfortably in bed surrounded by family, doing something you love, or some other way?

What is most exciting to you right now at this phase in your life?

Who is someone you know that is living life to the fullest? What characteristics do you see in yourself that are like them?

What personality characteristics have helped you succeed the most in life? What faults have hindered you?

Who's the most interesting teacher you ever had? What made them interesting?

What is holding you back from being the person you want to be?

What is the quirkiest thing about you?

What do you want your 80<sup>th</sup> birthday party to be like?

What does everyone tell you you're really good at? How did you get to be so great?

What's your favorite joke?

When was the last time you felt like you had a new lease on life?

What is holding you back right now?

What is the biggest change you've ever experienced in your life? How did it feel?

What is one small thing you could do that would make your life better?

Do you believe in ghosts?

What's the best purchase you've ever made?

What's the most ridiculous thing you've ever bought?

What does your perfect day look like?

What song gives you a wave of nostalgia every time you hear it?

What are the three most important qualities in a romantic partner?

What's the coldest you've ever been?

What are you interested in that most people aren't?

When have you worked the hardest in your life? Did you enjoy it?

If you could have any job in the world, what would it be?

What was your first impression of me? Has it changed?

If you were given \$5 million to open a small museum, what would you create?

What's a country you have no desire to go to?

What's a bad habit you're trying to kick right now?

Who is someone you've lost touch with that you'd love to get in contact with again?

What's a positive habit you've cultivated?

What was your spiritual upbringing like? How has it impacted the person you've become?

What's your greatest fear?

When have you been most afraid in your life?

What is your most recent lie?

What was your greatest fear as a child? Has it stayed with you in any way as an adult?

What's something you thought would be amazing but it turned out to be horrible? Or vice versa?

What habit do you have now that you wish you had started much earlier?

If you could speak any other language, what would it be and why?

What's something about the opposite sex that confuses you the most?

If you had to choose one thing you regret most in life, what would it be? What would you do differently?

What's the opposite of a koala?

If there was a big party thrown in your honor, what would you want us to be celebrating?

What's the most historic thing that has happened in your lifetime? Has it defined you in any way?

What's the best pick-up line you've ever heard?

What was the last thing you googled? (without looking at your phone)

When is the last time you stayed up all night?

If you had special vision that showed you three stats about every person you looked at, what three stats would you want to know?

What's the deepest realization you've had about yourself?

What's the most boring sport, and what would you do to make it more exciting?

What do you take for granted? Is there something you can do to appreciate it more?

If you could ask a single person one question and they had to answer truthfully, who/what would you ask?

What was the greatest day of your life?

Are you living a meaningful life? How do you know?

Do you believe in love at first sight?

Is there someone in your life you haven't forgiven? What would it take for you to forgive?

Is there anyone you would trust with your life?

What's your favorite thing about yourself?

What is something you're certain you will never experience?

What impression do you think you give when you first meet someone? Is it different from the impression you WANT to give?

How do you recharge?

What is ONE THING you most want to achieve before you die?

Which is most valuable to you: intelligence, wisdom, or common sense?

When in your life have you been the most humbled?

What bridges are you happy you burned?

Who in your life do you wish you'd met sooner?

Do you have any recurring dreams?  
What do you think they mean?

What's the most miraculous thing  
you've ever witnessed?

Have you ever broken someone's  
heart?

If you were given an envelope with  
the time and date of your death  
inside, would you open it? Why or  
why not?

What book has influenced your life  
the most?

How do you want your life to look  
ten years from now? What are you  
doing now to make it happen?

If you could do anything you  
wanted tomorrow (anywhere, for any  
amount of money), what would you  
do and why?

If you had the opportunity to meet  
one person you haven't met who  
would it be, why, and what would  
you talk about?

What's the most important thing I  
should know about you?

What is your favorite guilty pleasure,  
and why?

When and where were you happiest  
in your life?

What do you think is the driving  
force in your life?

What excites you the most?



What scares you?

When have you felt the most beautiful?

What do you do when you need clarity?

Who is your personal hero? What are three qualities that make them so special to you?

How do you make big decisions?

What's the nicest thing someone has ever done for you? Why was it so meaningful?

What's the nicest thing you've ever done for someone? What made it special?

When do you feel most powerful?

What's the best compliment you've ever received? Why did it mean so much to you?

What's your first childhood memory?

What do you think happens when we die?

What's something you're secretly curious about?

What's the dirtiest you've ever been? (Physically, not sexually – although you can go there if you and your conversation partner are comfortable!)

When have you felt most alive?

What's something you'd like guidance on right now?

Where have you felt most at home?

What emotion have you felt most often in the last week?

What does your heart need to hear right now?

What disturbs your inner peace?

What is the most powerful choice you've ever made?

What would be your ideal adventure?

What do you really want right now?

What's your favorite personality characteristic about yourself?

What is the next step in your journey?

What do you love about your body?

What do you think it means to be a good person?

What's the most compassionate act you've ever witnessed?

When have you felt the most nurtured in your life? What made you feel that way?

What has been the saddest moment of your life? How do you feel about it now?

What is something you need to forgive yourself for?

What's a lesson that you've had to learn over and over?

What do you want people to “get” about you?

If you could do one thing to make everyone in the world happier, what would it be?

What have been the best two days of your life?

What makes you lose track of time?

What’s the bravest thing you’ve ever done?

What do you want people to see when they look at you?

What do you daydream about most often?

What makes life hard for you sometimes? How do you deal with it?

What event in your life has shaped you the most?

What’s the best piece of advice you can give me?

What is the wisest thing you’ve been taught by your elders?

If you could choose one emotion to never feel again, what would it be?

Which of your parents do you most resemble in personality?

What’s the best hug you’ve ever received? Why was it so great? Can I give you a hug now?